## ELEMENTARY GLUTEN-FREE LUNCH MENU

#### Meal requests must be placed with 24-hour notice to the cafeteria manager.

Please contact Bryanna Ippolito, Bippolito@abschools.org, for any questions or more information

Monday	Choice of: Gluten-Free Pizza or Salad
Tuesday	Choice of: Gluten-Free Turkey & Cheese Wrap or Salad
Wednesday	Gluten-Free Power Pack  • Chex Cereal, Fruit, Veggies, and Yoplait Vanilla Yogurt
Thursday	Choice of: Gluten-Free Grilled Cheese or Gluten-Free Power Pack
Friday	Choice of: Gluten-Free Pizza or Salad
Additional Options When featured on the menu	Gluten-Free Pizza (Available Daily) Nachos Smoothies Hamburger or Hot Dog Chicken Tenders

#### All meals are served with choice of milk, fruits, and vegetables

### **Additional Information**

Prior to requesting Gluten-Free meals, a Doctor's note must be provided to the school Nurse regarding allergen-related food restrictions.

Gluten Free lunch options will be available by request only.

This institution is an equal-opportunity employer.

<sup>\*</sup>Availability of items subject to change related to ongoing supply chain issues

# GLUTEN-FREE LUNCH MENU **JUNIOR HIGH & HIGH SCHOOL**

Meal requests must be placed with 24-hour notice to the cafeteria manager.

Please contact Bryanna Ippolito, Bippolito@abschools.org, for any questions or more information

**Daily Options\*** 

Gluten-Free Pizza

Gluten-Free Grilled Cheese

Gluten-Free Turkey & Cheese Wrap or on Roll

Salads (No croutons)

**Smoothies** 

Acai Bowls (No Granola)

Power Packs (Chex Cereal, Yogurt, Fruit & Vegetables)

**Additional Options** When featured on the menu

Nachos Hamburger Hot Dog Chicken Tenders (Gluten-Free Version) Baked Potato Bar

All meals are served with choice of milk, fruits, and vegetables

#### **Additional Information**

Prior to requesting Gluten-Free meals, a Doctor's note must be provided to the school Nurse regarding allergen-related food restrictions.

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